Dr Irena Eris

HOTELE SPA

BENEFITS PACKAGE

Dr Irena Eris Krynica Zdrój SPA Hotel

AT THE SKIN CARE INSTITUTE

- free cosmetic consultation with individual treatment plan,
- 15% discount on treatments (aesthetic treatments not included),
- we recommend YOUNG SPA body care treatments for teenagers between 12 and 18 years of age.

AT THE RESTAURANT

- gluten free or individual restrictions diet (please inform us in advance), and special children's menu at Szósty Zmysł Restaurant.

EXTRA AMENITIES IN THE ROOMS

- hotel robes and slippers for children aged from 4 to 12, travel crib, baby bath tub (please inform us in advance).

FREE ATTRACTIONS AT THE HOTEL

- access to play room for children and multimedia game room,
- table tennis and free bike rental service,
- board games available at the reception desk,
- gift for the children at the check-in.

EXTRA SPORTS ACTIVITIES (ADDITIONAL FEES APPLY)

- training with personal trainer,
- individual Aqua Aerobic classes – relieving joint stress,
- Nordic Walking with instructor.

WE ALSO RECOMMEND

- individual babysitter (upon request – additional fees apply).

ATTRACTIONS IN THE REGION

- Viewing tower in Krynica-Zdrój,
- Toy Museum "Fairy Tale",
- Sankostrada,
- Rope park,
- rafting down the Poprad valley,
- Gardens of Senses in Muszyna near Krynica-Zdrój,
- Mofeta in Tylicz,
- Nikifor Museum,
- Graduation tower in Krynica-Zdrój.